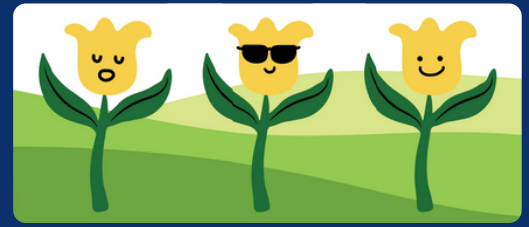




Saco Valley High School



Youth 2023 Wellness Day



May 10, 2023



11:30am - 2:20pm @ SVHS

- *Brain Science
- *Yellow Tulip Project
- *Truth About Vaping*
- *Students Empowered to End Dependency*
- *Yoga
- *Painting - Tool for Handling Emotions*
- *Mental Health Awareness
- *ACES
- *Marijuana*
- *Warning Signs of Addiction
- *Voices of Recovery*
- *Suicide Prevention
- *Effects of Drugs and Safety*
- *Smooth Feather Youth - Circle Discussion*

Thanks to our presenters from the following organizations!

